

If You Have Asthma...



8 THINGS YOUR DOCTOR NEEDS TO KNOW

- 1 Whether you miss or cancel activities because of your asthma symptoms
- 2 How often you use your rescue or quick relief inhaler in a typical week and whether that frequency of use has recently changed
- 3 How frequently you experience daytime asthma symptoms
- 4 How frequently you experience nighttime asthma symptoms
- 5 Whether you visited a hospital emergency room, urgent care center, or any clinic for asthma symptoms or any respiratory illness or cold symptoms since your last visit with your doctor or clinician
- 6 Whether you have been able to avoid things that you know make your asthma worse—at home or work
- 7 Whether you have any trouble getting or paying for your asthma medicines
- 8 Whether a healthcare professional has watched you use your inhaler to ensure you are using it correctly

Patients who experience asthma symptoms despite treatment with high doses of inhaled or oral corticosteroids and long-acting bronchodilators and despite good inhaler technique have **uncontrolled asthma**.

Patients who have uncontrolled moderate or severe asthma—those who have frequent exacerbations or asthma attacks despite treatment with inhaled corticosteroids and bronchodilators—may benefit from further evaluation and therapies called **biologic medications**.

TALK TO YOUR DOCTOR RIGHT AWAY

If your asthma symptoms change or worsen.

