

Help paying for PrEP

PrEP is covered by most health insurance programs and Medicaid. Under the Affordable Care Act, PrEP must be free under almost all health insurance plans. That means you can't be charged for your PrEP medication or the clinic visits and lab tests you need to stay on PrEP.



Some states offer help to pay for PrEP, clinic visits, or lab tests if you don't have insurance:

» <https://nastad.org/prep-access/prep-assistance-programs>

Other programs to check out:

For Truvada®, Descovy®, and Yeztugo®

(If you don't have insurance)

» **Advancing Access Patient Assistance Program:**

<https://www.gileadadvancingaccess.com/financial-support/uninsured>

(If you have non-government insurance)

» **Advancing Access:** <https://www.gileadadvancingaccess.com/copy-coupon-card>

» Or call: **1-877-505-6986**

For Apretude®

» **ViiV Connect:** <https://www.viivconnect.com/patient/get-savings-information/apretude>

Where can I get PrEP?

» <https://pleaseprepme.org/find-a-provider/>

» <https://pleaseprepme.org/online-providers/>



Take Control of your Health!

Protect Yourself from HIV

It's as easy as taking **1 pill once a day**
or a shot every **2 or 6 months.**



Did You Know?

~1 in 5 new HIV diagnoses is in **women**

It's not just young people — **people of all ages** can acquire HIV

Some geographic regions in the US, such as the South,
have a **higher incidence of HIV**



PrEP stands for preexposure prophylaxis (pro-fil-lax-sis).

Prophylaxis means to take steps to **prevent getting a disease** or to **protect your health.**


INTEGRITAS
COMMUNICATIONS

It's **not** just for people whose sex partners have HIV, and it's **not** only for gay men.

How do I start PrEP?

PrEP is only for people who are **NOT** living with HIV.

See your **health care provider** for blood tests and to find out if PrEP is **right for you**.

What are my PrEP Options?

There are **3** different medicines that prevent HIV.



A daily pill

OR



Pills only when you need them

OR



A shot every 2 or 6 months

Two are pills — **TRUVADA**® and **DESCOVY**® — and two are shots — **APRETUDE**® and **YEZTUGO**®.

If you feel like you are at risk for getting HIV only sometimes, ask your doctor if on-demand PrEP is right for you.

How should PrEP be used?

Truvada and Descovy

- Take your PrEP pill **every day**
- See your health care provider **every 3 months** for lab tests to make sure you have not acquired HIV

Apretude

- See your health care provider monthly for the first 2 months and then **every 2 months** for lab tests to make sure you have not acquired HIV and to get the shot

Yeztugo

- See your health care provider regularly for lab tests to make sure have not acquired HIV and **every 6 months** to get the shot

Using condoms or taking a medicine called **PrEP** can prevent you from getting HIV.

Is PrEP all I need?

PrEP is an important tool for **protecting yourself from HIV**.

Condoms can protect you from:

- HIV
- STIs (sexually transmitted infections) like syphilis, gonorrhea, and chlamydia
- Unplanned pregnancy

What else should I know about PrEP?

- **Do not let** anyone else take your PrEP pills
- **Keep PrEP pills in the bottle;** keep the bottle closed and away from children
- **Take the PrEP pill every day** or get the shot every 2 or 6 months to prevent HIV
- **Match your medicine schedule to your life.** Add taking your PrEP pill to things you already do each day, like brushing your teeth or eating a meal
- **Use a calendar or your phone** to remind you about your next PrEP shot or your appointment to see your health care provider



All sexually active adults and adolescents should consider PrEP to prevent HIV.